

Great Public Resources to Help with Your Transition.....

- **Department of Education (DOE)**

http://doe.virginia.gov/special_ed/transition_svcs/index.shtml

If you have an IEP, know your rights while you are in school beyond age 18.

- **Department of Aging and Rehabilitation Services (DARS)**

<http://www.vadrs.org/downloads/publications/TransitionServicesFlier.pdf>

A DARS counselor should be a part of your school transition team starting at age 14. Get them involved as early as possible to help with your work goals.

- **Department for the Blind and Visually Impaired (DBVI)**

<http://www.vdbvi.org>

If you are blind or have a vision impairment a DBVI counselor should be part of your school transition team starting at age 14.

DBVI's programs on the Richmond campus that support

<http://www.vrcbvi.org/YSPprograms.htm>:

- LEAP (Learning Excellence and Academics Programs) &
- LIFE (Learning Independence, Feeling Empowered)

- **Community Service Boards**

www.dbhds.virginia.gov/individuals-and-families/community-services-boards

A community services board (CSB) is the point of entry into the publicly-funded system of services for mental health, intellectual disability, and substance abuse. They offer many services

- **Centers for Independent Living (CILs)**

www.vadrs.org/cils.htm

Centers for Independent Living (CILs) provide services to individuals with significant disabilities CIL's core services include: advocacy, information and referral, peer counseling, independent living skills training, and transition services for youth.

- **Work Incentive Planning and Assistance (WIPA)**

<http://www.vaaccses.org/wipa/>

(In NOVA 571-339-1305 or toll free (877) 877-2777)

WIPA provides access to benefits planning and assistance services to all Social Security disability beneficiaries (including transition-to-work aged youth). WIPA's goal is to help beneficiaries with disabilities in meeting their work goals.

Great Websites to Help with Your Transition & Beyond

- **Virginia Commonwealth University's Center on Transition Innovation**

<https://centerontransition.org/>

(804) 828-1851 (Voice) (804) 828-2494 (TTY)

The Center of Transition Innovation provides information, resources, and demonstration projects that support youth with disabilities to gain access to integrated competitive employment to the fullest extent possible. Their website includes fact sheets on important transition topics, webcasts from state and national experts in the field, informational videos, and a Facebook page with the latest news about transition.

- **Virginia Department of Education's College Guide for Students with Disabilities**

http://www.doe.virginia.gov/special_ed/transition_svcs/college_planning/college_guide.pdf

A useful handbook on many aspects of seeking a college education when you have a disability.

- **Best Colleges Guides for Student with Learning or Hearing Disabilities**

<http://www.bestcolleges.com/resources/college-planning-with-learning-disabilities/>

<http://www.bestcolleges.com/resources/college-planning-for-deaf-and-hard-of-hearing-students/>

- **Job Accommodation Network (JAN)**

www.askjan.org

(800) 526-7234 (Voice) (877) 781-9403 (TTY)

The Job Accommodation Network (JAN) is the leading source of free, expert, and confidential guidance on workplace accommodations and disability employment issues. Working toward practical solutions that benefit both employer and employee, JAN helps people with disabilities improve their employability, and shows employers how to capitalize on the value and talent that people with disabilities add to the workplace.

- **Disability*Gov**

<https://www.disability.gov/>

This government site connects people with disabilities, their families, and caregivers to helpful resources on topics such as how to apply for disability benefits, find a job, get health care or pay for accessible housing.

- **ADA National Network: "Questions about the ADA?"**

<http://www.adainfo.org/individuals-disabilities>

800-949-4231 V/TTY

Information, Guidance and Training on the Americans with Disabilities Act