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| Mental Health Advisory Council | Name |
| Chapter and Section | Section Title |
| Cues  1. Jot down one to two words that are the main idea/vocab/etc. of a passage. Leave space between each one.  2. Questions: As soon after the reading as possible, formulate questions based on the notes in the right-hand column. Write one under each cue word. Writing questions helps to clarify meanings, reveal relationships, establish continuity, and strengthen memory. Also, the writing of questions sets up a perfect stage for exam-studying later. | Notetaking Column  1. Record: While reading use the notetaking  column to record the supporting facts, ideas, dates, etc using telegraphic sentences.    Agenda  10:30-11:00 Call to Order Zipporah Levi-Shackleford  Attendance  DLC Staff (Nicole- last meeting)  Cameron Lynch  Carol Driskill  Erika L  Giselle MacDonald  Dr. Zipporah Levi Shackleford  Lisa Coates  Joe Stafford  David Gold  Barika  Marjorie Leong (Alexandria CSB)   1. Mission Statement 2. April Meeting Approval of the Minutes 3. Individual advocacy updates    1. Joe Stafford wants improvements in DTO-keep fighting the good fight Joe    2. David Gold wants the litigation report to focus on PAIMI issues (Good point)    3. Brandon shared two organizations       1. The Center for Native American Youth       2. The Eric Monday Memorial Foundation 4. Public Comment     Note: This meeting had no Public Comment nor any litigation report. The focus was on Individual advocacy updates. We had two prospective members who were both unanimously approved. This is also Nicole's last official meeting. Most good bye thank you  11:00-11:15 Board Updates Cameron Lynch  Had a clean audit ( is that not normal?!)  DLC Va Summit  11:15-12:30 Strategic Planning  12:30-12:40 Expectations Review ZLS & ND  12:40-1:00 Break  1:00-1:30 October Meeting and Nominations ZLS  3. Recite: Cover the notetaking column with a sheet of  paper. Then, looking at the questions or cue-words in the question and cue column only, say aloud, in your own words, the answers to the questions, facts, or ideas indicated by the cue-words.  4. Reflect: Reflect on the material by asking yourself questions, for example: “What’s the significance of these facts? What principle are they based on? How can I apply them? How do they fit in with what I already know? What’s beyond them?  5. Review: Spend at least ten minutes every week reviewing all your previous notes. If you do, you’ll retain a great deal for current use, as well as, for the exam. |
| Summary | Use this space to write a two or three sentence summary of what you just read. |